
Advanced High-Performance Leadership





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Advanced High-Performance Leadership is a 5-day course delivered by Mars Training Centre across our international venues — London, Barcelona, Dubai, Vienna, and Tokyo — designed for senior leaders who have mastered the basics and now want to raise their personal performance ceiling.

The difference between a good senior leader and a high-performing one is rarely about knowing more. It is about sharper diagnosis, better energy management, faster recovery from setbacks, and a deeper command of presence and influence. This programme is built for leaders who are already operating at director level and above, and who want to perform at the very top of their potential.

Across five days, you will work with validated performance-assessment tools, examine real cases of leaders operating under pressure, and develop the personal disciplines that separate sustained high performers from those who burn out or plateau.

What You Will Learn

By the end of this programme, you will be able to:

- Diagnose your current leadership-performance profile against a validated framework.
- Identify and close the small habits that limit your performance.
- Apply structured techniques for managing energy, focus, and recovery.
- Lead under pressure without losing strategic clarity.
- Build executive resilience as a learnable discipline, not an innate trait.
- Strengthen your presence and influence across multiple stakeholder groups.
- Coach yourself and your direct reports to sustained high performance.
- Build a personal performance plan you can apply when you return to work.

How You Will Benefit

You will leave with a clearer view of your performance ceiling, the tools to raise it, and a Mars Certificate of Completion.

Your organisation will gain a senior leader operating closer to their full potential — with sharper judgement, steadier energy, and a stronger personal example for the leaders they manage.



Who This Programme Is For

This programme is designed for:

- Vice Presidents and Senior Directors
- Heads of Function or Business Unit
- Senior project and programme directors
- General Managers preparing for C-suite or board roles
- Family-business principals managing significant operations
- Senior public-sector executives

The seniority floor is director level and above, with at least 8–10 years of leadership experience.

How the Course Is Delivered

- Facilitator-led interactive sessions, balancing teaching with discussion and applied exercises.
- A balanced mix of theory, regional case studies, and applied exercises.
- Validated diagnostic and self-assessment tools.
- Applied exercises and personalised coaching throughout the week.
- A personal action plan built progressively across the week.
- Continuous personal feedback from your lead faculty.

The course runs in two separate single-language editions: an English edition delivered in English, and an Arabic edition delivered entirely in Arabic by native-Arabic faculty at every host venue. Sessions are held in London, Barcelona, Dubai, Vienna, and Tokyo.

Your Mars Certificate and Fee

On successful completion of Advanced High-Performance Leadership you will receive a Mars Certificate of Completion, issued by Mars Training Centre, our London-headquartered training provider. The certificate confirms the programme attended, the dates, the host city, and the lead faculty, and is presented to delegates on the final day of the course.

The standard fee is £4,950 per delegate for this 5-day programme, quoted and invoiced in pounds sterling. The fee covers all training and faculty time, course materials in digital and printed form, the Mars Certificate of Completion, daily refreshments and a buffet lunch, and a complimentary airport pickup and return transfer for delegates flying in to the host city. Group and early-booking discounts are available. Flights, visas, and hotel accommodation are not included, though Mars provides booking guidance and preferred-rate partner links.